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Introducing **Sue Wilde-Greer**



As many of you know, The Healing Connection has a new addition to the team - Sue Wilde-Greer. Sue is looking after the customer facing part of the business whilst Mandy takes a

much-needed step back to focus on her ongoing cancer treatment. Sue has a background in business development in medical and healthcare technologies, and her last job in the UK was the industry liaison manager for the Life Sciences College at the University of Birmingham in England. Sue's special area of interest is in digestive health which all fits perfectly with The Healing Connection's ethos. Sue can be contacted on The Healing Connection phone/WhatsApp/Signal on +34 634 359 658 and by email at sue@thehealingconnection.eu

Product collections, deliveries and shipping



Although we no longer have a physical store, for those who live locally to us we offer regular opportunities for you to collect your products, or indeed have them delivered, a couple of days a week.

We mostly communicate to our customers via the messaging apps WhatsApp and Signal. We send out regular messages to let you know where we are going to be each week/fortnight so please do make sure we have your mobile number and we can include you on the distribution list! If these days don't work for you, we can also post your orders if that's going to be quicker or easier for you, just let us know when you order.

Speaking of postage, we have to talk about the 'B' word for our UK customers. We're currently getting to grips with the new rules which are really not helpful for an EU-based business selling into the UK. In effect, the new trading rules apply VAT @ 21%, and a flat rate of customs duty of 2.5%, once our goods are received into the UK for all orders over the value of €39. Oh, and there's also a handling fee of £8 to pay to Royal Mail for the privilege of collecting your parcel from your local sorting office - Royal Mail won't deliver to your door if there are taxes / duties to be paid.

By the end of March we will have a UK-fulfilment centre operational so that we can ship from within the UK, to the UK. We are doing this as quickly as possible, but given we were only

advised of the new rules at 11.00pm on Christmas Eve, it's been a bit of a struggle to get our heads around it all!

For all UK orders in the meantime we can engineer a workaround, we're good like that!

Pet health and CBD

Just like their humans, our furry family members can experience periods of ill health such as skin complaints, digestive disorders, joint problems due to arthritis, ageing and/or congenital joint problems in selected breeds, neurodegenerative diseases, even anxiety and stress due to moving home, from the noise of fireworks and many other environmental causes.

Given all mammals have an endocannabinoid system which helps to regulate a range of physiological elements - our mood, our energy levels, immune activity, blood pressure, bone density, glucose metabolism, how we experience pain, stress, hunger, and more, it stands to reason that Cannabinoids such as those found in CBD oils should have a similar benefit for companion animals, right? The short answer is yes!

The long answer is also yes! In fact, the number of cannabinoid receptors overall, and the higher proportion of CB2 receptors, the CBD receptors in dogs (and cats), make them particularly receptive to the effects of appropriate CBD products.

There are a couple of things to be aware of if you are considering a CBD product for your pet.

The most important is to ensure that your chosen product contains no more than the permitted 'trace' levels of 0.2% THC. Dogs and cats are far more susceptible to the intoxicating effects of THC which can cause them to become disorientated, to drool or vomit, or even hyperactive. (All the oils available from our website comply with this standard.)

The second is that, as with humans, the distribution of CBD receptors varies from animal to animal, so our advice is always to start with the lowest strength oil - for example our Pet CBD oil is just 2.5% concentration - and to start with a low dose, gradually increasing it to find the dose that works best for your pet.

Case Study

Ron arrived with us three and a half years ago having been abandoned at 4 months old with a broken hip by a hunter in Cordoba.

Whilst his hip had healed by the time we adopted him, he quite obviously suffered some pain, and restricted movement leading to lameness on occasions He suffered from diarrhoea/colitis all the time which we put down to his terrible start in life eating rubbish on the streets. He also became infected with Leishmaniosis, which in its earliest stages made him totally lethargic, gave him bloody diarrhoea and completely destroyed his appetite.



Ron - 4 year old Labrador/Pointer cross rescue, 26kg

We discussed his symptoms with Mandy at The Healing Connection with the aim of using CBD oil to get him eating well again, and to support his immune system during his initial treatment for the Leishmaniosis.

Within 48 hours, he was showing signs of improvement - wanting to play, asking for food, and over the course of the next 10 days or so we stabilised his dose of Pet CBD oil to 3 drops a day, and he's been taking it ever since.

We also had some surprising (to us, back then!) unintended consequences. His poor digestive health / transit improved enormously - no more diarrhoea or colitis! He also previously suffered from severe anxiety whenever he heard fireworks (a frequent occurrence here in Spain) If we were out on a walk, he froze and wouldn't move for about an hour; if we

were in the house he tried to squeeze in between the loo and the wall in the bathroom to find a 'safe' place, panting and shaking. The first time he heard fireworks after he'd been taking the Pet CBD oil for a few weeks, he paid absolutely no attention, and stayed calm on his bed, or just cuddled up next to us.

We've since been caught out a few times on walk when firecrackers have gone off, but instead of freezing, he sticks close, and does need some encouragement to keep going, but the difference in him since he's been taking The Healing Connection Pet CBD oil is dramatic.

Special Offer!



Buy 2 x 10ml Pet 2.5% CBD oils for €40 - limited availability, only while stocks last!

Place your order with us at orders@thehealingconnection.eu or message us on +34 634 35 96 58

